

Welcome to Our Mother of Consolation Preschool Program!

We are so happy to have your child join us in this wonderful journey of early childhood learning. OMC has been providing children with spiritual and academic growth for over 150 years. Sr. Marie Rein SSJ, a nationally known author and expert on children's religious instruction, added to this wonderful history by founding and developing our preschool program. Over the last 20 years our program has grown and changed under the direction of many outstanding teachers.

Pre K begins the journey of educating the children entrusted to our care as our School Mission Statement proclaims (please see our School Handbook for the complete statement). Our school program is a continuum of human development starting with Pre K and building with continuity and consistency as your child progresses from one grade to another through eighth grade. It is our intent, therefore, that together with you we can work to enhance your child's abilities over the next ten years. In doing so, we will have prepared your child well for success as he or she progresses on to high school, college and life.

While there is a school-wide handbook for OMC, we find that the preschool program tends to have its own special concerns that are best addressed separately. We hope all your questions about our program can be answered in these pages. However, if there is something you need please don't hesitate to ask!

“Childhood is a journey, not a race”

We believe that every child is a unique gift from God to our world! Each child has an unknown and unlimited potential for growth coupled with an imaginative, 2 contemplative mind ready to be stimulated, tapped and delicately directed by the village of parents, family, teachers, classmates and school community that surrounds them. In an atmosphere created by adults who manifest Catholic beliefs, values and attitudes, our young children are given a secure environment to develop a positive image of themselves and others as they begin their journey in Catholic education.

Our Curriculum

Our preschool curriculum is designed to develop the whole child: spiritually, emotionally, socially, physically and intellectually. The educational program of preschool follows Archdiocesan guidelines, which meet the needs of the students and the educational objectives of Early Childhood Education. They are consistent with the philosophy of Catholic education and reflect an awareness of national and state academic standards.

We believe that learning experiences, both informal and planned should include:

- imaginative free play both indoor and outdoor
- prayer and religious activities integrated throughout our day
- circle time that includes singing, stories and learning
- whole and small group activities that integrate language arts, math, science, social science and expressive arts such as music, art and dramatic play
- gross and fine motor skill development
- sharing snack and lunch with our friends while developing positive table manners and learning how to clean up after eating
- varied social situations that teach children how to function in a classroom community

Each week children in PK3 and PK4 will have the following enrichment classes with their “specials” teachers: Gym, Art, Spanish, Catechesis of the Good Shepherd, and Music.

Individual class curriculums and schedules may be found with the PK3 and PK4 class teachers in the beginning of the school year.

Calendar

In general, OMC preschool follows OMC school calendar with the exception of our start date, conference date, and end date.

Preschool Drop-In Day: A special morning set aside to come to our class, usually the Friday after Labor Day from 9-11.

Preschool Hours: Half Day, 8:10-12:00. Full Day, 8:10-2:30.

Preschool Drop Off/Pick Up

- You may begin dropping off your children at the traffic circle in front of Chestnut Hill College's Fournier Hall at 7:45. For directions, please see their [Campus Map](#). Fournier Hall is marked with a star.

Preschool Pick Up

- 12:00 Dismissal: students will be brought to the front yard by a teacher or an assistant.
- 2:30 Dismissal: students will be in a pre-k carline with teachers.

Supplies

- Teachers will send a supply list with the August mailing.
- Backpacks should be big enough to fit a standard size folder.
 - Backpacks need to be sturdy (we send all kinds of stuff home in them).
 - Backpacks with wheels are not permitted.

Apparel

- Please dress children in clothes they can play in. Think clothes that can get messy, that are easily maneuvered for the potty, and shoes that are close-toed and rubber-soled.
- All children should have a weather appropriate change of clothes in a labeled gallon sized ziploc bag.

Toys/Items from Home

- Unless specifically requested, please keep toys and personal items at home. They can be disruptive to the classroom and teachers cannot be responsible for them

Birthdays

Preschool children love their birthdays and we certainly want to acknowledge them on their special day!

- For many reasons, we don't allow cakes or cupcakes.
- We would love to have special birthday cookies at snack if you would like.
- You may send in a small treat bag for the class if you would like.
- In the past, some families have chosen a book for the class inscribed from the birthday child and family. We then read that book on the celebration day.
- All of the above suggestions are optional.

Health

Children get sick. It happens. It's also very important to know when to keep your child home from school to prevent spreading of illness in the classroom.

Guidelines for keeping ill children home from school:

- Fever over 100°F. To return to school, your child should be fever free (without the aid of fever reducers) for 24 hours.
- Nausea, vomiting and/or diarrhea. Your child should not return to school until 24 hours after the last time they vomited or had diarrhea.
- Rash. Please have any rash looked at by your pediatrician before sending your child to school.
- Eye drainage may indicate conjunctivitis (pink-eye), please see your pediatrician before sending your child to school.
- Strep. Please keep your child home until under treatment for 24 hours.

If your child becomes ill at school we will notify you to come for pick up.

Please remember that during the school day children are in close contact with each other. If children are kept home when the first signs of an illness appear, it helps prevent spread of illness to other children.

You know your child best! If they are looking "off" to you, trust your instinct and keep them home!

Allergies

OMC is peanut/nut free! So many children have allergies and it is important that we, as teachers, know the ins and outs of your child's specific needs.

Please speak with your child's teacher regarding any allergies your child has so we can do our best to keep your child safe and happy at school.

Bathroom

OMC's Pre-K children to be potty trained before entering school. We are in a school setting and the classrooms are not equipped to deal with diaper changing.

We understand that the occasional accident does occur, which is why we ask for a change of clothes. However, if your child has accidents 3 within a given week we will have to address this with the family.

The first time a child has 3 accidents within a given week it will require the family to come in and meet with the teacher. The second time a child has 3 accidents within a given week the family will be required to meet with the teacher and principal.

We will require the student to spend a week at home being re-trained before they can return to school.

Children are given many opportunities to go to the bathroom with the class or individually. Please encourage them to ask when they have to go.

We do a lot of reminding about hand washing, but reminders from home are good as well!

Please dress your child in clothes that are easily maneuvered by him/her. Please practice proper wiping with your child. We can verbally talk them through this if needed but we are unable to wipe your child.

Snacks

Before school begins your child's teacher will notify the class of any food allergies. OMC is peanut/nut free.

Children will have the opportunity to be snack helpers in setting up and cleaning up from snack. We will pray a blessing before snack.

Lunch

For those staying for lunch this is a fun time to eat and socialize with classmates. Your child's teacher will let you know of any food allergies in the class. When packing your child's lunch, please be aware that OMC is a peanut/nut free school.

We are unable to heat lunches.

- Please pack a lunch that is easy for your child to navigate.
- Please do not send soda, sports drinks (like Gatorade) or candy in lunches. • We will pray a blessing before lunch.
- We will practice using inside voices with the classmates at our table.
- We will practice sitting in our seats while we eat.
- We will practice lunch clean up when we are done with your child cleaning up his/her space, throwing out trash and bringing the lunch box back to the closet.

Lunch helpers are always welcome to spend lunchtime with the class. If you are interested in being a lunch helper with our school, you need to complete Safe Environment training as well as

obtain your clearances. Once you have this in order, please let your child's teacher know when you are available your child's class.

Info on clearances can be found on our website's [Volunteer for OMC page](#).

Parent Communication

Each preschool teacher will communicate with parents through emails, newsletters, and Class Dojo to let you know what is going on in your child's class.

If there is a specific concern or question you have, please contact your child's teacher in whatever manner suits you best: office phone, email, written or in person.

Discipline

Preschool is a very important time in a child's school career that involves learning how to be in school, how to be when it's learning time, and how to be when playing with friends.

Many types of social situations normally occur in a preschool child's day that open up the opportunity to teach "how to be" when this occurs or "what to say" when this happens, etc. Our preschool focuses on taking each child and situation individually whether it is an issue like paying attention during learning time or having a problem with a friend during play time. One of the main goals of preschool is to learn how to function in a classroom.

This is what we do every day.

- When a problem occurs, we talk to the child or children involved, separate if necessary, and try to find a solution to what happened by discussing with the children alternative things to say and do should the situation arise again.
- If there is an on-going situation in class that is not resolving through regular teacher interactions, teachers will communicate with parents what is going on in hopes to find solutions. Parents and teachers are partners here! Our goal is to work together to help your child grow!
- If necessary, the principal will be brought in if a situation is not resolving with parent help or involves harm to another child.

Thank you again, for entrusting your child to OMC Preschool! Working together for the good of your child will make this a fantastic year.